



# Sunbeam Children's Center Newsletter

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web page: [www.stthomasumc.org/scc](http://www.stthomasumc.org/scc) April 2024

Page 1

## Office Notes

The 2024-2025 school year begins Monday, August 19th. Therefore, the last day of this school year will be Thursday, August 16th, for the daycare.

Preschool and Kindergarten Registration for the 2024-2025 school year has already begun. There is limited space so please register your child so we may reserve their space for the upcoming school year.

**Please send in your child's updated immunizations. We must have the current immunizations for your child for our licensing inspections. You may email them to us if that is more convenient for you.**

Please stop by the office if you ever have any questions or concerns.

## Book Fair Thank You

A great BIG THANK YOU for your support of the Scholastic Book Fair! We appreciate your participation and we hope you enjoyed having the book fair in person and online.

Our total sales were \$2,968.20. Proceeds from this fundraiser will purchase books, fun indoor activities for the children and playground toys for both playgrounds. Thank you to the Cat in the Hat for attending family night and bringing joy and happiness to the children.

## \*4 Year Old Class Graduation \*

A graduation ceremony will be held on Friday, May 24th at 9:30 am for the Kindergarten and the 4 year old classes. A short program will be held in the Sanctuary followed by simple refreshments in the Fellowship Hall.

You will be asked to let us know how many family members will be attending so we have enough refreshments for everyone. More information will be available in May once we finalize all the details. We look forward to seeing you there to enjoy this special occasion with your family and child's teacher.

## Texas Roadhouse Family dinner social

Mark your calendar for Thursday, April 4th. Come join us for lunch, dinner or carry out to support your school. Bring in the flyer and 10% of the proceeds will be given to SCC. We will purchase items for the classrooms and play areas. Thank you for your support.

## Trex Bench

We are almost there. Yeah!!! We need one thousand pounds of recyclable film to get a Trex Bench for the playground and we are almost there.

As of March 22nd we collected 845 Pounds of plastic. This means 845 pounds of refuse that will not be in our landfills. A great way to help preserve our environment for future generations and to teach children how they can help protect the earth. Thank you to all of you that have helped to support this environmental project.

## Parent Tip

One means of disciplining a child is to give him/her choices. For example, if a child refuses to pick up his/her toys, then say "You can pick up the toys or go to your room for 5 minutes. It's your choice." Always carry through with the choices you give your child.

## Teddy Bear Picnic

The children have waited months and finally, Spring has arrived! Now it's time to wake up their bears from their long winters nap and celebrate with a Teddy Bear picnic.

April 12th the 3 and 4 year old classes will have woken up their bears from hibernating and celebrate with a picnic outside, weather permitting, at 11:30 on the church grounds.

Parents are welcome to join their child's class for the picnic. Please bring a bag lunch and a blanket for you and your child to sit on. If it rains on that day, the Teddy Bear picnics will be held inside the school.

## Important Upcoming Dates

April 3 (W): 3's Wake up hibernating bears  
April 4(TH): Texas Roadhouse Family dinner Social  
April 5 (F): 4's/K Wake up hibernating bears  
April 8 (M): Kindergarten teacher workday, **No school for Kindergarten**  
April 10 (W): Central Librarian visit @ 10:00  
April 10 (W): Kindergarten parent/teacher conference, **No school for Kindergarten**  
April 11 (TH): Scholastic book order due  
April 12 (F): 3's /4's/K Teddy bear picnic @ 11:30  
April 15 - 26: PALS testing for the 4 year olds  
April 22 (M): Earth Day  
April 26 (F): Arbor Day  
April 26 (F): Kindergarten 4th quarter interims  
April 29 (M): Daycare families, please inform the office of your summer and next year plans.  
May 6 - 10: **Teacher appreciation week**



## SUNBEAM BIBLE STORIES



**Bible Theme:**  
**Gentleness**  
**Bible Verse:**

**"Let your gentleness be known to all men"**  
**Philippians 4:5**



April 3: Jesus is Alive  
John 20, Matthew 28, Luke 24, Mark 16

April 10: The Parable of the Sowers  
Matthew 13:1-9, Mark 4:2-8

April 17: Jesus washes feet  
John 13-14, Mark 14

April 24: Jonah and the whale  
Jonah 1:1-2:10, Hebrews 1:1-2

## SUNBEAM CURRICULUM

### Pre-Tod Class

The Week of:

April 1: Science/Experiments, Letter Review T-W

April 8: Spring/Plants, Letter Y

April 15: Insects/Life cycles, Letter Z

April 22: Rainbows/Our Earth/Outer Space, Letter Review sing the ABC's

April 29: Kites/Birds/Cinco De Mayo, Letter Review sing the ABC's

Monthly:

Number: 9

Skill: Put things into bucket and take them out again

Color: Purple

Shape: Oval



### Toddler Classes

The Week of:

April 1: Science/Experiments, Letter Review T-W, Number 10

April 8: Spring/Plants, Letter Y, Number 10

April 15: Insects/Life cycles, Letter Z, Number 10

April 22: Rainbows/Our Earth/Outer Space, Letter Review sing the ABC's, Number review 1-3

April 29: Kites/Birds/Cinco De Mayo, Letter Review sing the ABC's, Number review 4-6

Monthly:

Skill: Sorts by color

Color: Purple

Shape: Oval



### 2 Year Classes

The Week of:

April 1: Science/Experiments, Letter Review T-W, Number review 21-25

April 8: Spring/Plants, Letter Y, Number review 1-5

April 15: Insects/Life cycles, Letter Z, Number review 6-10

April 22: Rainbows/Our Earth/Outer Space, Letter Review A-E, Number review 11-15

April 29: Kites/Birds/Cinco De Mayo, Letter Review FJ, Number review 16-20

Monthly:

Skill: Sorts by color

Color: Purple

Shape: Oval



### 3 Year Classes

The Week of:

April 1: Science/Experiments, Letter Review T-W, Number review 21-25

April 8: Spring/Plants, Letter Y, Number 27

April 15: Insects/Life cycles, Letter Z, Number 28

April 22: Rainbows/Our Earth/Outer Space, Letter Review A-E, Number 29

April 29: Kites/Birds/Cinco De Mayo, Letter Review FJ, Number 30

Monthly:

Skill: Directions - Time, i.e. now, soon, late; time of day



### 4 Year Classes

The Week of:

April 1: Science/Experiments, Letter C, Number review 21-26

April 8: Spring/Plants, Letter G, Number 27

April 15: Insects/Life cycles, Letter G, Number 28

April 22: Rainbows/Our Earth/Outer Space, Letter Review C, G, J, Q, R, S, Number 29

April 29: Kites/Birds/Cinco De Mayo, Letter Review A, E, I, O, U, L, Number 30

Monthly:

Skill: Directions - Time, i.e. now, soon, late; time of day



### Kindergarten

**Themes-** Hibernating/Migrating animals, Lifecycles, Outer space, Protecting our planet/outer space, Habitats

**Language arts-** Review parts and types of books, what is fiction/nonfiction? Write our own book, Word families: "ud," "ug," "um," "un," and "up"

**Social Science & History-** Positional words, community helpers,

**Mathematics-** Compare/order least to greatest, addition,

**Science-** Lifecycles, gravity, conservation, natural vs. manmade



## Infant Room

**Ms. Coco, Ms. Shirley, Ms. Gasna, Ms. Aniyah, Mr. Brayden**

I hope everyone had a nice Easter! We finally made it to warmer weather, at least I think we did. Lol I have been working with our older babies on wiping the table after eating and showing them how to clean their faces as well. It is so cute to see them do this and they love to be little helpers.

This month we will work on stacking small bowls and the flowers will begin blooming on our walls to welcome the month of April. We would like to welcome Zachary and Jozsef to our infant room. We are excited to have new friends starting with us this month. We can't wait to get to know you both!!

Be Blessed!



## Pre-Toddlers—Room 101 Ms. Noura, Ms. Sandra

I hope everyone had a great Easter holiday! Spring is finally here, so please make sure your child has an updated change of clothing.

This month we will be learning about science, spring, plants, insects, life cycles, rainbows, outer space and our earth.

We will be mixing blue and red paint to make purple for some of our art projects, making some handprint bugs and animals, and playing with bubbles.

Please remember to label everything so it is not misplaced.



## Toddlers - Room 103 Ms. Lida

The months seem to go by so fast. The weather is ever changing so please be prepared and have a light jacket everyday for when we go outside or on a walk.

This month will be about insects, rainbows, rockets and so much more. Keep an eye out for some of our classroom crafts you are sure to enjoy.

Be sure to label your child's items. If cups, blankets, lunch boxes, etc. are not labeled we cannot be responsible for any lost items.

Please be reminded to label and date your child's lunchbox each day, and that they have a proper change of clothing in case it is needed.

Happy Birthday Paolo on the 11th. I hope your birthday is as special as you are to all of us!



## Toddlers - Room 105 Ms. Johanna, Ms. Caroline

As we welcome the warmth of April, our daycare is buzzing with excitement for all the delightful activities planned for this month. We're starting the month of with our science week, we'll be making paper plate solar systems! We will be reviewing letters X-Z and working on recognizing colors. With the sun shining bright and warmer weather, we'll be spending more time outdoors for walks, games, and plenty of fresh air. Please feel free to reach out with any questions, suggestions, or concerns!





# Teacher Notes

Page 5

## 2 Year - Room 102 Ms. Doris, Ms. Isabel

April is here with lots of fun adventures in store! The kids and I are so excited for the warmer weather and all the fun we will have.

Some our themes for this month are: science, plants and our earth. We will be playing with soil and growing some plants.

I would also like to ask that you take the time to speak with me about having a plan in place to potty train your child at the daycare and at home. There is only a few more months left before the new school year and your child must be potty trained to move up.

With the changing weather, we hope to spend more time outside, so please dress your child appropriately for the weather and make sure that the extra set of clothes has been updated as well.

Happy Birthday to Thor 4/24!!!



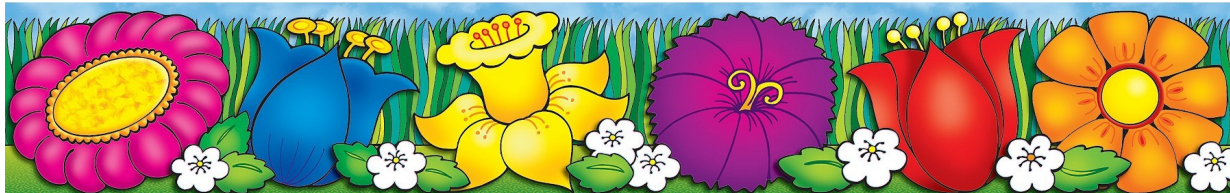
## 2 Year - Room 104 Ms. Nancy, Ms. Keisi, Ms. Faith

Hello Everyone! April is here and so is spring! I know we are all excited to enjoy the warmer weather and spend time outside!

A couple of the themes we will be coming across this month are Science/Experiments which we will be experimenting with skittles, unpopable bubbles and much more! We have Spring/Plants as a theme and we will be planting seeds/watching them grow as the month goes on. For our Earth theme, we will be making an Earth Buddy. Lastly, we will be learning about Rainbows by making Rainbow Names and identifying the different colors in the rainbow.

I do ask that as the weather changes please remember to update your child's change of clothes that I keep here in the bathroom.

I ask once again that you take the time to speak with me about having a plan in place to potty train your child at the daycare and at home. If you have already done so thank you very much!



## Preschool 3 day — Room 112 Ms. Melissa

Hooray for Spring! We are so ready for warmer temperatures and look forward to being able to spend more time outside.

This month we will learn about spring and plants. Your child can look forward to planting seeds and watching them grow. Our color for the month will be blue and our shape for the month will be a star. We also have a special day to look forward to this month - our teddy bears will wake from their long winter hibernation soon! We will journey back to the bear cave to retrieve them and will celebrate their awakening with a Teddy Bear Picnic on Friday, April 12th. Please bring a picnic blanket as well as a packed lunch for you and your child and meet us at 11:30 for this fun event!

As the weather warms up, please take a minute to put together a warmer weather change of clothes that we can keep in the classroom. You can put it in a Ziploc bag with your child's name clearly printed on it.

Remember to keep checking the class shared Google Photos album as I continue to upload photos to it a few times a month. I hope you enjoy seeing your sweet little ones as they continue to grow and explore their school.

I sincerely wish that everyone had a wonderful Easter with your beautiful children!

# Teacher Notes

## 3 Year - Room 111 Ms. Ellen, Mr. Brayden

Spring is here! Children and teachers alike are looking forward to enjoying the warmer weather and blooming flowers.

A theme we'll be exploring is insects, we will be reading "The very hungry Caterpillar" and talking about the life cycle of a butterfly and plants.

The kids will have fun experimenting with pepper and soap, water and skittles and color changing flowers.

I'd like to ask parents to please bring in sunscreen and update the change of clothes at school. Please dress your child appropriately for the weather. We will be outside as much as possible now that the weather is nicer.

I'd like to say happy birthday to Asher 4/5

Thank you for all your support. I hope everyone has a great month.



## 4 Year - Room 115 Ms. Green, Ms. Ali

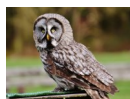
As we enter Springtime our class will be learning about the life cycles of plants and insects. During Chapel time; we will learn about "The Parables of Sowers (Mark4:2-8) where Christ explains about sharing God's Word by planting the seed of salvation to others. Although the children are young, when they come and tell you what they've learn in school or in Chapel, they are spreading the Word of God to whomever are willing to listen.

"Owl" students are also waiting for their bears to come out of hibernation, at which time we will have our Spring picnic on the lawn.

As we prepare for springtime; we are also preparing for kindergarten. Spring PALS testing will be during the week of April 15-26. Please review letter recognition and letter sounds with your child.

I am proud of my class; they have done exceedingly well!

Happy birthday Jonah April 8th



## 3 Year- Room 113 Ms. Valeria, Ms. Alex

We are excited to start another month of learning!

We are making great progress as we spend more time getting to know what we have all learned and still need to work on. With spring here we will be learning about plants, rainbows and our earth.

I look forward to another adventurous month with your child. Happy Spring!!

The weather is getting warmer so please make sure your child has a change of clothes that is suitable for the warmer days. Don't forget to label all of your child's items to lesson the chance of them getting misplaced.

Blessings to all



## 4Year - Room 117 Ms. Nancy, Ms. Ruth

During April the children will be learning about Science by doing experiments, Spring/Plants, Insects/Life Cycle, and Rainbows/Our Earth/Outer Space.

We will be waking up our teddy bear from hibernation on April 5 and we will be having our teddy bear picnic on April 12. Please pack a cold lunch on the day of the picnic.

I am so excited about our next couple of months! We will be finishing up our letters and numbers, as well as reviewing what we have already learned. BUT we are not stopping there! We still have so much more to learn. This will be accomplished with art projects, activities, and group discussions.

Have a blessed month.



# Teacher Notes

Page 7



## Kindergarten - Room 118 Ms. Beth, Mrs. Laura

I hope everyone had a great Easter holiday! Spring is finally here, so please make sure your child has an updated change of clothing.

There will be a teacher workday on Monday, April 8th, and our final conferences will be held on Wednesday April 10th. The sign up sheet is posted in the classroom. There will be no school for the students these days, so please let the office know if you will need child care.

This month we will be focusing our learning on life cycles and outer space, including ways to take care of our planet. We will also begin writing our own fiction books.

As we begin to approach the end of the school year, please let the office know of your summer plans and child-care needs as soon as possible.



## Scholastic Book Club Coordinator Ms. Teresa Rook

Happy spring! The book fair was a success this year, Thank you for your support. I hope everyone is enjoying the books. It's hard to believe that the year is coming to an end and summer will be here soon.

Books make great gifts for birthdays, graduations or summer reading. If you are ordering books as a gift to surprise you child, let me know, I can keep them in the office for pick-up.

You order on-line. Anyone can place an order on-line and the books will be delivered here at SCC. There is no minimum order or shipping charge to school. On-line you can search for books by title, author or reading levels. You can use your credit card when ordering on-line.

**Book orders due April 11th. Happy reading!**



# Tuesday Night Dinner

Page 8

## April 2

Hawaiian Chicken  
Rice Pilaf  
Glazed Carrots  
Cinnamon Roll

**Dessert:** Pineapple Upside  
Down Cake

**Kids:** Chicken Nuggets

**Cookie of the Month:** Pecan  
Sandies

## April 9

Garden Salad  
Baked Meat Ziti  
Green Beans  
Bubble Bread

**Dessert:** Bread Pudding w/  
Vanilla Sauce

**Kids:** Same as Adults

**Cookie of the Month:** Pecan  
Sandies



## April 16

Beef Stroganoff  
Buttered Noodles  
Roasted Vegetables  
Dinner Roll

**Dessert:** German Chocolate  
Cake

**Kids:** Cheeseburger French  
Fries

**Cookie of the Month:** Pecan  
Sandies

## April 23

Baked Meatloaf  
Baked Potato  
Corn on the Cob  
Buttermilk Biscuit

**Dessert:** Boston Cream Pie

**Kids:** Corn Dog

**Cookie of the Month:** Pecan  
Sandies

## April 30

Chili Dog  
Cole Slaw

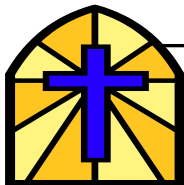
Sweet Potato Fries

**Dessert:** Apple Pie

**Kids:** Grilled Cheese

**Cookie of the Month:** Pecan  
Sandies





# ST. THOMAS UMC ACTIVITIES

Page 9

## Sunday Services

### Manassas Campus

(8899 Sudley Rd., Manassas)  
Pastor Matt Sergent

9:00 - Traditional - Hymns, Organ and Piano

11:00 - Contemporary with Praise Band

You can join St. Thomas during our 9 am Traditional Service and our 11 am

Each Service in person or through livestream, Facebook etc.

**Be sure to register your attendance online if you are joining us livestream**



## Up Coming Events

April 7 is the April birthday celebration during the 11:00 services. Everyone is invited to attend, but SCC kids with a birthday in April will receive a gift and we will sing to them. This happens each month so if you have a birthday coming up we would love to celebrate you!!

On May 12 Mother's Day, we will have brunch from 10-11 and a presentation that the kids are invited to join during the 11:00 service.

Save the date for VBS, June 10-14. Anyone not attending Sunbeam can register here:

<https://st-thomas-umc.mycokesburyvbs.com/register-child> This will be followed by a movie night on Friday at 5pm and a father's day BBQ after VBS Sunday on June 16 at 12pm.

