



# Sunbeam Children's Center Newsletter

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May 2025

## Office Notes

We wish the best to our 4 year old students who are moving on to Kindergarten this fall. Congratulations on all your hard work and efforts! We thank all of our families for sharing your children with us. It's been a blessing to watch them learn and grow over the years.

We have a section on our website for testimonials where parents can read about your experience here at SCC. We invite parents to submit your thoughts in writing/email to the office so they can be posted on our website. These testimonials are shared with others, that are looking for a school where their children can learn and grow in a safe and loving environment. Please send yours in today. Thank you!

### **ATTENTION DAY CARE PARENTS**

We are beginning to make plans for summer and next fall so we need to know your plans.

Please let the office know if there will be any change in the days your child will attend for the summer or next fall. Please let the office know what days your child will attend this summer by May 16th. Thank you.

## Parent Tip & Birthday Celebrations

We welcome you to celebrate your child's birthday with their classmates. However, please bring in only one snack or treat. Too much sugar has a negative impact on academic performance, learning and memory. Extreme levels of sugar can cause interference with neurotransmitters responsible for keeping moods stable. This often leads to depression and anxiety.

## 4 Year Class Graduation

A graduation ceremony will be held on Friday, May 23rd at 9:30 am for the 4 year old classes. A short program will be held in the Sanctuary on the second floor of the church.

Following the ceremony, there will be a small reception in the Fellowship Hall for all the graduates, parents and guests. Please let your child's teacher know how many will be attending this event for your child. This is a very special day so please dress your child for the occasion.



## Teacher Appreciation

May 5th through May 9th is Teacher Appreciation week. Please take the time to celebrate your child's teacher.

Thank your child's teacher for their patience, love and kindness. For their words of encouragement and for the impact they have on your child (ren) every day. Thank the Sunbeam staff for shaping the leaders of our future.

## Mother's Day

Calling all moms! On Friday, May 9th drop off your child in the morning and stop by the kitchen for a special treat. It's our way of showing how much you mean to all of us here at Sunbeam.

**"All that I am or hope to be, I owe to my angel mother."**

**Abraham Lincoln**

## Summer Camps

Summer Camp enrollment has started for ages 6-8 and 9-11 Year olds. The hours are 9:00-4:00 with an extra fee for after care from 4:00-5:00 pm. You can find the list of camps with dates on the Playground app or the church's website to register. Just click on the Nourish drop down than summer camps.

We have some fun themes planned this year. Adventure Land; Pirates and Mermaids, It's a Small World Cooking, Space Odyssey, Music & Arts and to end the summer, Super Hero Carnival Camp. We look forward to you joining us this summer! If you have any questions, please reach out to the office and we will be happy to assist you.

## Important Upcoming Dates

May 5(S): Cinco de Mayo  
May 5 - 9: Teacher appreciation week  
May 8(TH): Scholastic book order due, last on for the year!  
May 9(F): Mother's Day celebration, enjoy a morning snack during drop off  
May 9(F): Ms. Melissa's Mother's Day celebration @ 11:30 in the classroom  
May 11(S): Mother's Day  
May 16,19,21: Graduation practice @ 10:00  
May 21(W): Three year old end of year pizza celebration @11:30  
May 23(F): Kindergarten/Four year old Graduation ceremony @ 9:30  
May 23(F): Last day for Preschool  
May 26(M): Sunbeam is closed in observance of Memorial Day



## SUNBEAM BIBLE STORIES



### Sunbeam Bible Stories

Bible Theme: The Miracles of Jesus



May 7: Philip Tells Others about Jesus  
Acts 8:26-39

May 14: No Chapel

May 21: No Chapel

## SUNBEAM CURRICULUM

### Pre-Toddler Class

The Week of:

April 28: Kites/ birds/ Cinco De Mayo, Letter Review: sing ABC's  
 May 5: Mother's Day, Letter Review: sing ABC's  
 May 12: Outer Space, Letter Review: sing ABC's  
 May 19: Summer activities/ Ocean Life/ Sea Turtles, Letter Review: sing ABC's

Monthly:

Skill: Make the connection between a word you say and a picture in a book

Number: 10

Color: Blue

Shape: Rhombus

### Toddler Classes

The Week of:

April 28: Kites/ birds/ Cinco De Mayo, Letter Review: sing ABC's, Number: Review 4—6  
 May 5: Mother's Day, Letter Review: sing ABC's, Number: Review 7-9  
 May 12: Outer Space, Letter Review: sing ABC's, Number Review: 10  
 May 19: Summer activities/ Ocean Life/ Sea Turtles, Letter Review: sing ABC's, Number: Review 1-10

Monthly:

Skill: Understands "on", "in", "out", "up", "down", and "under"

Color: Blue

Shape: Rhombus

### 2 Year Classes

The Week of:

April 28: Kites/ birds/ Cinco De Mayo, Letter Review: F-J, Number: Review 16-20  
 May 5: Mother's Day, Letter Review: K-O, Number: Review 21-25  
 May 12: Outer Space, Letter Review: P-T, Number Review: 1-25  
 May 19: Summer activities/ Ocean Life/ Sea Turtles, Letter Review: U-Z, Number: Review 1-25

Monthly:

Skill: Understands "on", "in", "out", "up", "down", and "under"

Color: Blue

Shape: Rhombus

### 3 Year Classes

The Week of:

April 28: Kites/ birds/ Cinco De Mayo, Letter Review: Z,X,V,R, Number: 30  
 May 5: Mother's Day, Letter Review: J,Q,C,H,W,Y, Number: Review 25-30  
 May 12: Outer Space, Letter Review: A-Z, Number Review: 1-15  
 May 19: Summer activities/ Ocean Life/ Sea Turtles, Letter Review: A-Z, Number: Review 15-30

Monthly:

Skill: Sequencing"

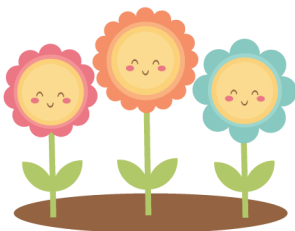
### 4 Year Classes

The Week of:

April 28: Kites/ birds/ Cinco De Mayo, Letter Review Z, X, V, R, Number: 30  
 May 5: Mother's Day, Letter Review J,Q,C,H,W,Y, Number Review 25-30  
 May 12: Outer Space, Letter Review A-Z, Number Review 1-15  
 May 19: Kindergarten Ready, Ocean Life/ Sea Turtles, Letter Review A-Z, Number Review 15-30

Monthly:

Skill: Sequencing"



# Teachers Notes

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## Infant Room

**Ms. Coco, Ms. Shirley, Ms. Gasna, Ms. Elana, Mr. Brayden, Ms. Caroline**

Hello everyone! I hope everyone is enjoying the warmer days and getting through spring as healthy as possible. A couple of our little friends will be moving up to the Pre-Todd room. It is fun to watch them bloom, but sad to see them move on.

This month we will create some insects to hang on the walls and play with colored shaving cream in a bag with different objects mixed in the cream.

It's hard to believe that another school year has gone by. Let me and the office know your summer plans for your child. The children enjoy helping wipe the table, washing their hands and face, and stacking bowls and cups.

Thank you for another great month and Happy Mother's day to all our moms! May your day be as special as you are to all of us.

## Pre-Toddlers—Room 101 Ms. Noura, Ms. Bahar

I'm enjoying the warmer weather and the fact that we can stay outside longer. With this in mind please be sure that your child has a sippy cup with his or her name on it each day, sunblock and a change of clothes that fits them with the change of seasons.

Friday, May 9th we will celebrate our moms. Please stop by the kitchen and enjoy a morning snack. We will be closed Monday, May 6 in observance of Memorial Day.

If you have any questions for me, please let me know or stop by the office. Thank you for all your support! Have a wonderful month of May!



## Toddlers - Room 103 Ms. Laura, Mr. Brayden, Ms. Faith

Welcome, May!

Spring is in full bloom, and we're so excited to enjoy all that May has to offer! Our toddlers are loving the warmer weather, outdoor play, and the chance to explore nature with all their senses. From flowers and plants May is all about how things that grow, what plants need to survive, and how we can grow by helping, sharing, and learning!

Please remember to label everything and to date your child's lunch each day. Happy Mother's Day to all our moms!

5/9: Mother's day celebration  
5/26: SCC closed for Memorial Day

## Toddlers - Room 105 Ms. Johanna, Ms. Sandra, Ms. Caroline

Hello May! We are so glad you are here. This month will be about kites and birds, outer space and ocean life. Keep an eye out for our kites hanging around our classroom. We will explore the color blue with shaving cream and coloring blue birds. We will review the numbers 1-10 by counting items in and around the school and review our letters by singing the ABC's. I look forward to another month of fun and learning with your child.

Happy Birthday Delenn—5/28 and Happy Mother's Day to all of our moms May your day be very special.



# Teacher Notes

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## 2 Year - Room 102 Ms. Doris, Ms. Keisi

The warmth weather and sunshine feel great! As we begin the month of May, we hope to be able to enjoy some warmer weather and many beautiful spring days! We had a busy and fun April. May will be as busy and fun! We will be decorating sombreros, making ocean life sensory bags, making bird feeders and much more! Please make sure to update your child's extra clothes and send in sunblock since we will be spending more time outside.

Happy Birthday to our sweet little Harper 5/7 !!!  
And happy Mother's Day!



## 2 Year - Room 104 Ms. Nancy, Ms. Keisi, Ms. Elana

It's hard to believe that it's the month of May already. This school year has flown by so fast.

Please continue to work with your child on potty training. There is only a few months left before the new school year begins.

Please be sure to check your child's clothing to be sure they still fit from the fall. Please send in sunblock labeled with your child's name.

I will be returning Monday, May 12. I cannot wait to be back and see how much the children have learned and grown while I have been out on maternity leave. I have missed everyone so much.

Happy Birthday Kapri 5/23 and Josie 5/26 and Happy Mother's Day to all my moms!!



## Preschool 3 day — Room 112 Ms. Melissa

It is so hard to believe that we are entering our last month of school. What a fantastic year it has been!

We will spend the first week of May focusing on kites and birds. Mother's Day is the theme of the second week; the children will be making something special for all of their wonderful moms. Outer Space is the theme for the 3rd week of March, and Ocean Life will occupy during the last week of school.

We have some special dates to look forward to this month. We will have our Mother's Day Celebration on the morning of Friday, May 9th. On that day, moms are invited to enjoy a special snack at 11:30 in the classroom. More details will be provided as the date draws closer. We will have a special end-of-year celebration on Wednesday, May 21st at 11:30. You are invited to join us for a pizza party that day! Our last day of school will be Friday, May 23rd.

I can't even tell you how much I have enjoyed your children this year. Each child has brought special qualities to our classroom and we have all had such an amazing time together. I will truly miss not seeing them this summer, but I take comfort knowing that they will each bring happiness, love, and warmth to another teacher next year. I SINCERELY hope you will all keep in touch!

Happy Birthday Reid 5/3



# Teacher Notes

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## 3 Year - Room 111 Ms. Ellen, Ms. Jasmine

Welcome May!

We are so happy to be spending more time outside. If you haven't already, please make sure to update your child's extra clothes and make sure to bring in sun-block.

During the month of May, we will be celebrating our wonderful mothers, talking about outer space, ocean life and turtles. The children will have fun making paper bag piñatas and playing Loteria for Cinco de Mayo. For our Ocean life theme the kids will be making starfish with buttons and keep an eye out for our watercolor turtles.

Happy birthday to Glorianna and Daniel this month, I hope you have a great birthday. Thank you parents for entrusting your children to me. I truly enjoy watching them learn and grow.



## 3 Year- Room 113 Ms. Valeria, Ms. Dawn

Welcome May! What a beautiful month to celebrate our supporting moms and their unconditional love.

We're very excited every month, to face new challenges and review the numbers and letters we have learned.

Each week we will explore fun new topics, do hands on crafts and play exciting games. We will also have an end of the year pizza celebration on Wednesday, May 21st. The cost will be \$3.00 per child for the pizza and chips. This will be our lunch for that day so you do not need to pack a lunch on that day unless your child wishes to eat something else.

Thank you to all my parents for your support. Together we will achieve all the goals we have put in place. Happy Mother's day to all my moms and have a blessed month.

Blessings to all!



# Teacher Notes

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## 3 Year - Room 117 Ms. Nancy

During May the children will be learning about Kites/ Birds/Cinco de Mayo, Ocean Life/Sea Turtle/Mother's Day, Outer Space and Kindergarten Ready.

I am so excited about this month! We will be finishing up our letters and numbers as well as reviewing what we have already learned. BUT we are not stopping there! We still have so much to learn. This will be accomplished with art projects, activities, and group discussions.

Please check your child's extra bag of clothes to make sure they are weather appropriate for the summer.

I will be taking some time off due to my cancer treatments. I will be out June, July and half of the month of August. Ms. Dawn will be taking care of the class. She will be having the children in room 115. If you haven't done so please introduce yourself. The children have grown to love her and I know she will do an excellent job with reviewing what they have learned this school year. I will see you for the new school year!

Happy birthday to Ezekiel on 5/21!

## 4 Year - Room 118 Ms. Beth

It's hard to believe that the school year is already almost over! It has truly been an honor being your child's teacher, and being a part of their lives. As we enter into these final months together please let me know if there's anything you need as your child begins prepare to transition into kindergarten.

This month we will learn about birds, kites, outer space, and ocean life, we will also begin practicing for our graduation ceremony. The ceremony will be on Friday, May 23 at 9:30 am. Please have the children here by 9:00am. I will have a sheet posted to help us prepare the correct number of seats and cake for the after the celebration.

This month we will be making birds nests using playdoh and various materials, design our own planets and pretend to be astronauts, and learn about sea turtles and make an egg carton sea turtle.

I would like to wish all the mothers a very happy mother's day.

## 4 Year - Room 119 Ms. Ali

Wow. It's May already. This year is nearly over but we still have time to have fun. May starts with Cinco de Mayo, to Mother's Day, to graduation and ends with Memorial Day. Please note that we will be closed Monday, May 26 in observance of Memorial Day. As it gets warm, I know the children will want to wear flip flops and sandals. A friendly reminder that CLOSED TOE shoes, especially sneakers are recommended because of all the playing and running on the playground.

A quick few notes: Graduation practice will start May 16th with the actual graduation on May 23rd at 9:30 in the morning. Please let us know how many are attending for your family. We will have a Mother's Day celebration on May 9th with teacher appreciation week starting the week of May 5th.

It's been a great year and I hope to see you all over the summer. Thank you for allowing me the privilege to be your child's teacher for the past year. It's with appreciation, gratitude and love that I send them to the future. In the famous words of Buzz Light-year "To kindergarten and beyond!"  
Happy May Birthdays: Josiah 5/29

## Scholastic Book Club Coordinator Ms. Teresa Rook

It's been a fantastic year. Thanks for your support by ordering books. Now is the time to order your books for summer reading. Remember, you can join the Prince William Library with their summer reading program.

I hope you have a great summer. Scholastic will return in September.



## Volunteers Needed

A few hours is all it takes to help raise awareness and eliminate hunger in our community. Every time you volunteer with the food pantry of St. Thomas United Methodist Church, you know that you have helped put food on the table of our neighbors in need and that you helped to support the community you live in. Volunteering can provide a healthy boost to your self-confidence, self-esteem, and life satisfaction. You are doing good for others and the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride and identity. This is especially important for our youth of today. It's a great way to reinforce kindness and compassion for others. We have several different levels of involvement and many different ways to volunteer. If you have questions please contact Gary Gilham at [gary.gilham@stthomasumc.org](mailto:gary.gilham@stthomasumc.org)

You can start today by:

- Volunteer pick up drivers from local stores five days a week and relief drivers each day between 7 am and 11:00 am to bring items to the food pantry
- Pick up food donations from local organizations
- Receive and sort food donations at the pantry
- Help with the Saturday distribution 9-11 pm
- Data entry person - Thursday 9-11 am to enter, file and sort records at the church
- Training is available.
- There are many more positions that will be coming up in the next few weeks on our website page. Please check back if you would like to volunteer.
- If you would like more information on the food pantry you can go the website and click on the **Serve** drop down and click on Food Pantry.

## Donations Needed This Month

Sugar (Small bags)

Diapers size 5 & 6

Baby Wipes

Peanut Butter (Med Jar)

Cereal

Spaghetti Sauce

**As each has received a gift, use it to serve one another**

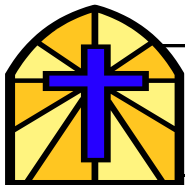
**as good stewards of God's varied grace.**

**1 Peter 4:10**

Thank You







# ST. THOMAS UMC ACTIVITIES

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## Sunday Services

Manassas Campus  
(8899 Sudley Rd., Manassas)  
Pastor Matt Sergent

9:00 - Traditional - Hymns, Organ and Piano

11:00 - Contemporary with Praise Band Livestream/Facebook

**Be sure to register your attendance online if you are joining us on Facebook**

## Up Coming Events

**May 1** - 3rd-5th graders - Time Mission Escape Room Experience at Manassas Mall.

**May 4** - Moms Spa Time 10:00-11:00 - Moms can sit back and relax to some refreshments and soft music. Each mom receives a Mother's Day bag.

**May 16** - 3rd-5th Graders - Magic Putting Place and Nathan's 6:00 pm

**June 23-27** - VBS - Sign Up Today - After Care until 5:00 pm—Scan Bar Code Across From Kitchen

